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|  | Helpful  to achieving the objective | Hamper  achieving the objective |
| Internal origin  (attributes of the system) | Strengths   1. Teamwork 2. Motivation 3. Quickly grasps technical concepts and skills 4. Passion in cybersecurity and IT | Weaknesses/Areas for further development   1. Time management and planning ahead of time 2. Critical writing skills 3. Presentation skills 4. Research writing skills 5. Software development/coding skills |
| External origin (attributes of the environment) | Opportunities   1. Benefitting from highly qualified and supportive tutors who are readily available. 2. Gaining access to a wide range of articles in online libraries through Essex credentials. 3. Being part of a group with intelligent, experienced, supportive, and helpful peers. 4. Availing abundant Essex resources, such as reading lists, seminars, and lecture casts, to aid in skill development. 5. Benefiting from exceptionally supportive Essex support staff who respond promptly and cater to your needs effectively. | Threats   1. Time limitations 2. Family commitments 3. Inability to meet deadlines promptly due to medical conditions. |